

registration

To register for Life Classes, you may register online at lifespringchurch.com. You may pay online or on the first day of the Life Class.

If you prefer you may complete this form, tear it at the perforation, and put it in the offering plate or turn it in to the office. Additional registration forms are in the Lobby at the Connect Kiosk.

See the child care guidelines to register for child care.

Questions about classes:
shicks@lifespringchurch.com

Please Print

NAME

SPOUSE (IF ATTENDING)

PHONE

EMAIL

STARTING OVER

THE CRAZY CYCLE

KINGDOM MARRIAGE

THE DANIEL PLAN

GALATIANS: WHO HAS BEWITCHED YOU?

MONDAY EVENINGS FOR MEN

MONDAY EVENINGS FOR WOMEN

WEDNESDAY MORNINGS FOR WOMEN

ESSENTRICS FITNESS

TUESDAY EVENING

WEDNESDAY MORNING

NEHEMIAH - A HEART THAT CAN BREAK

KINGDOM MAN

wednesday mornings for women

(see child care guidelines)

GALATIANS: WHO HAS BEWITCHED YOU? WHY AND HOW?

A PRECEPT UPON PRECEPT STUDY · SEPT 13-NOV 8 · 9:00-10:30 AM
LED BY SHERRY LUST · ROOM K · \$16

NEHEMIAH - A HEART THAT CAN BREAK

LED BY LINDA MANCHIGIAH & JENN HUSEBY
SEPT 13-NOV 8 · 9:00-10:30 AM · CHAPEL · \$13

Nehemiah's heart broke so deeply for the suffering Jews that he left the comfort of his Persian palace to restore their desolate community. Through this video series and in-depth, relational Bible study, Nehemiah will inspire you to listen to what God has put in your heart to do. Is your heart breakable for the hurting, for your family, for your culture?

ESSENTRICS FITNESS · SEPT 13-NOV 1 · 11:15AM-12:15PM

LED BY SHERRY LUST · WORSHIP CENTER · NO COST
(ESSENTRICS HAS NO CHILDCARE)

wednesday mornings for men

(no childcare)

KINGDOM MAN: EVERY MAN'S DESTINY, EVERY WOMAN'S DREAM

SEPT 13-OCT 25 · 6:30-7:30 AM
LED BY PASTOR STEVE HICKS · CHAPEL · \$9

Kingdom Man is the kind of man that when his feet hit the floor each morning the devil says, 'Oh no, he's up!' This Tony Evans video-based and discussion Bible study is a playbook for life that will help you follow the Biblical principles of manhood, which will cause those around you to benefit from your leadership and care.



LIFESPING CHURCH
13904 S. 36TH ST
BELLEVUE, NE 68123



FALL 2017 LIFE CLASSES

As part of our adult discipleship strategy, we offer Life Classes to equip you for LIFE and Service. The pastors first encourage you to gather for Worship, join a LifeGroup, serve the Lord in a significant way, and then attend a Life Class.

sunday mornings (sunday school for children)

STARTING OVER · SEPT 10-OCT 8 · 11:00 AM-12:10 PM
LED BY PASTOR STEVE HICKS · CHAPEL · NO CHARGE

Somewhere along the line, you may have forgotten about how to relate to God, lost your way, the heavens seem like brass when you pray, you have let the world squeeze you into its mold, guilt is weighing you down, or you just need a refresher in the basics of living for God. This is a safe class to hit the reset button and start walking with God again as we study 1 John.

THE CRAZY CYCLE IN MARRIAGE · SEPT 10-OCT 8 · 9:30-10:40 AM
LED BY JEFF OPPERMAN · CHAPEL · \$5 PER COUPLE

Craziness is when we keep doing the same thing again and again with the same ill effect. Every married couple goes through a "crazy cycle" at some point. This video series by Dr. Emerson Eggerichs will help you learn to identify your crazy cycle and guide you to make the adjustments in loving and respecting each other that will change your marriage and your life.

sunday evenings (see child care guidelines)

KINGDOM MARRIAGE · OCT 8-NOV 19 · 6:00-7:30 PM
LED BY ROB WITTENAUER · ROOM K · \$10 PER COUPLE

Kingdom Marriage is a Tony Evans video-based and discussion Bible study that instructs every Christ-following couple how to tap into the power of God as they seek God's purpose and perspective for their marriage. You will gain practical insights and applications as you learn how you can bring light and life to your family and community.

THE DANIEL PLAN PLUS ESSENTIALS · OCT 8-NOV 19 · 6:00-7:30 PM
LED BY RON & DEBBIE ELLIOTT · ROOMS M & N · \$25 OR \$33 PER COUPLE

The Daniel Plan presents simple ways to incorporate healthy choices into your current lifestyle. It will also help you understand the kind of foods God created to keep you fit and strong. The class is categorized around five key concepts for optimal health that promote success: faith, food, fitness, focus, and friends. These concepts will encourage you to deepen your relationship with God and offer inspiration as you make positive choices every day.

LIFE CLASS CHILD CARE GUIDELINES

sunday morning life classes

Sunday School is available for all infants-6th grade and no reservation is necessary.

wednesday morning life classes

Registration deadline: September 1
Limited childcare for infants-K

sunday evening life classes

Registration deadline: September 29
Limited childcare for infants-6th grade

All Childcare is offered at \$5 per week per child (for the entire class whether in attendance or not). Reservations should be made online while registering for the class, thru email to kwallace@lifespringchurch.com or calling the Kids Krew Staff at 402-292-4546. Payment for childcare should be made online or at the first class unless other advance arrangements have been made. The childcare is for your children only. For numerous reasons we cannot provide childcare for children who are not under your guardianship.

For questions about childcare, email kwallace@lifespringchurch.com.

monday evenings (no child care)

GALATIANS: WHO HAS BEWITCHED YOU? WHY AND HOW?
A PRECEPT UPON PRECEPT STUDY · SEPT 11-NOV 6 · 7:00-8:30 PM
MEN'S CLASS LED BY TERRY LUST · ROOM K · \$16
WOMEN'S CLASS LED BY SHERRY LUST · CHAPEL · \$16

What does it mean to live under grace? Do you have to keep the Law to be a Christian? All of it or just part of it? Who is right? How will we know? God used Paul to write a letter to some churches that were struggling with this issue, a letter that still speaks today. Its message clearly defines the relationship between Law and grace and teaches how Christians live under grace, led by the Spirit, free from bondage.

tuesday evenings (no child care)

ESSEINTRICS FITNESS · SEPT 12-OCT 24 · 7:00-8:00 PM
LED BY SHERRY LUST · WORSHIP CENTER · NO COST

Essentrics is a class for women of all ages and fitness levels. It is a dynamic, full-body workout that simultaneously combines stretching and strengthening, while engaging all 650 muscles. This low-impact class will leave you feeling energized, youthful and healthy. Please bring an exercise mat or towel for floor work and a water bottle. Class is limited to 15 people

beautiful design breakouts

SEPT 24 & OCT 1 · 6:00-7:30 PM

Sept 24 · "Homosexuality" · Guest Speaker Brady Cone
Oct. 1 · "Sexual Purity" · Men and Women Breakouts

These are breakout sessions that complement the Sunday morning sermon for Middle School students to Adults
More information will be available in weeks to come
Child care available at no cost, on a first-come, first-served basis.