

LIFE CLASSES WINTER/SPRING 2018



LIFESPRI**NG**CHURCH

AS PART OF OUR ADULT DISCIPLESHIP STRATEGY, WE OFFER
LIFE CLASSES TO EQUIP YOU FOR LIFE AND SERVICE.



SUNDAYS

THE DANIEL PLAN GOD'S PRESCRIPTION FOR YOUR HEALTH

Sunday mornings, 9:30 - 10:40 am

January 21 - February 25

\$15 for individual or couple

Led by Ron & Debbie Elliott

13704 S. 37th Circle, Bellevue, NE

The Daniel Plan presents simple ways to incorporate healthy choices into your current lifestyle. The class is categorized around five key concepts: faith, food, fitness, focus, and friends. For questions, contact Ron or Debbie Elliott: 402-253-5048.



Sunday evenings, 6:00 - 7:30 pm

January 14 - February 25

\$20 per couple

Led by Adam & Shari Vossen in rooms M & N

Every marriage is unique, expressed by the colorful personalities of each spouse. Unlike other marriage studies, The Art of Marriage brings together some of the most respected and influential pastors and experts on marriage and family all in one setting.

LEADERSHIP TRAINING

Sunday mornings, 11:00 am - 12:10 pm

January 21 - March 4

No charge

Led by Pastor Steve Hicks in the Chapel

Before Jesus left the earth, His mandate was clear, "Go, make disciples." This study focuses on how to make disciples by emphasizing the values, nature, and strategy of Jesus' discipleship model, what spiritual leadership is, and how to effectively lead LifeGroups.

FINANCIAL *Peace* UNIVERSITY

Sunday evenings, 6:00 - 7:30 pm

January 14 - March 18

\$95 for individual or couple

Led by Craig Snyder in room K

Financial Peace University (FPU) is a nine-lesson class on money management taught by America's most trusted financial guru, Dave Ramsey. Dave and his teaching team will walk you through the basics of budgeting, dumping debt, planning for the future, and much more.

SEE INSIDE FOR CHILD CARE INFO

LIFESPRI**NG**CHURCH.COM

MONDAYS

EXERCISE CLASS FOR WOMEN



A Precept Upon Precept Study
Monday evenings, 7:00 - 8:30 pm
January 8 - March 26
\$25 per individual
Men's class led by Terry Lust in Room K
Women's class led by Sherry Lust in the Chapel
Covenant is an incredible thread running from Genesis through Revelation. God enters into a binding agreement with His people and always keeps His promises. Trusting Him as a covenant partner frees us from the bondage of worry and anxiety. This study will transform the way you read Scripture!

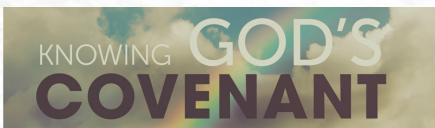


Stretch and tone class
Tuesday, January 9 - March 20,
7:00 - 8:00 pm
Wednesday, January 10 - April 4
11:15 am - 12:15 pm
No charge
Led by Sherry Lust in the Chapel
Essentrics is a full-body workout that strengthens and lengthens your muscles simultaneously, resulting in longer, leaner, stronger muscles without using weights or equipment. You will leave feeling re-balanced, elongated and strong!

WEDNESDAY MORNINGS FOR WOMEN



Wednesday mornings, 9:00 - 11:00 am
January 10 - March 21
\$15 per individual
Led by Linda Manchigiah in the Chapel
The men of the Bible are not depicted there because they were perfect, but to highlight their faithfulness to God! Lucado looks at the stories of some of these scriptural characters, pointing out key decisions they made - and the good or bad consequences that resulted.



A Precept Upon Precept Study
Wednesday mornings, 9:00 - 11:00 am
January 10 - April 4
\$25 per individual
Led by Sherry Lust in Room K

CHILD CARE AVAILABILITY AND GUIDELINES

Sunday morning

Sunday School is available for infants-6th Grade; no reservation needed

Monday evening

No Childcare available

Sunday evening

Childcare is available, at no charge, by reservation only for infants-6th Grade

Wednesday morning

Childcare is offered at \$5 a week (for entire class whether in attendance or not) per child by reservation only for infants-K

How to register for childcare:

- Online after registering for class
- Email to keason@lifespringchurch.com
- Calling the Real Life Kids Staff at 402-292-4546

Deadline for reservations is January 5 for Wednesday classes and January 7 for Sunday evening classes.

Childcare is for your children only. For numerous reasons, we cannot provide childcare for children who are not under your guardianship. Payment should be made online or at the first class. For alternative arrangements or scholarships, if needed, please ask your Life Class teacher or staff. For questions about childcare: kwallace@lifespringchurch.com

LIFE CLASS 2018 REGISTRATION

Options to register for Life Classes:

- Register online at lifespringchurch.com
- Complete this form and place in the offering plate
- Complete this form and deliver to the church office

Payment to be done online or on the first day of the class. For questions about classes email shicks@lifespringchurch.com

Please print

Name _____

Spouse, if attending _____

Phone _____

Email _____

_____ The Daniel Plan

_____ The Art of Marriage

_____ Leadership Training

_____ Financial Peace University

_____ Knowing God's Covenant

_____ Monday evening for men

_____ Monday evening for women

_____ Wednesday morning for women

_____ Ten Men of the Bible

_____ Essentrics

_____ Tuesday

_____ Wednesday

Additional registration forms are located in the Lobby at the Connect Kiosk.